



West Paw.

Candy Cane Qwizl[®] Sticks

2 Ingredients

Difficulty: Easy

Ingredients:

Fresh Raspberries and/or strawberry
1/4 cup plain Greek yogurt

Special Tools:

Water bottle ice cube tray

Directions:

- 1.** Mash your fruit of choice and place in the ice cube tray (3-4 raspberries per mold).
- 2.** Create even spaces between the berries. Absorb any juice from the empty spaces to ensure the red color won't bleed into the white yogurt later. Freeze until solid.
- 3.** Remove from the freezer and begin filling the gaps with the plain Greek yogurt.
- 4.** This two-step method keeps the colors from running together. Place the tray back into the freezer for a minimum of 3 hours.
- 5.** Remove from freezer, slide into the Qwizl.

